

ANY ALLERGIES?
PLEASE LET US KNOW.

the kitchen @
ALRESFORD GOLF ACADEMY

*GLUTEN-FREE OPTIONS
AVAILABLE TOO

LUPPER

SERVED FROM MIDDAY

ALL DAY BRUNCH

- NEW** **EGG BANJO £3**
white bread, marg, fried egg
- NEW** **BREAKFAST BAP £6/7.5/8**
egg/bacon/sausage
- choose 1 or 2 fillings or go all in
ADD A HASH BROWN FOR £1.5
- NEW** **3 EGG OMELETTE £9**
fill with either ham & cheese, mushroom & spinach
or roasted red peppers & tomato

TOASTIES & WRAPS £10

ALL COME WITH A CHOICE OF EITHER
ROSEMARY FRIES, ONION RINGS
SWEET POTATO FRIES SWAP £1.50

- NEW** **TRIPLE CHEESE**
a mix of cheddar, gouda & brie with spring onions
- NEW** **CHICKEN CHORIZO**
chicken, chorizo, wilted spinach, monterey jack, mayo
- NEW** **CROQUE MADAME**
sliced ham, monterey jack, mornay sauce, fried egg
- HALLOUMI WRAP (V)***
smashed avo, halloumi, roasted red peppers,
rocket pesto
PIMP YOUR WRAP WITH CRISPY CHICKEN £2
- SPICY CHICKEN WRAP**
crispy chicken, monterey jack, gem lettuce, spicy mayo

SANDWICHES

ALL SERVED ON EITHER WHITE OR GRANARY BREAD
AND SERVED WITH SLAW.
ADD ROSEMARY FRIES FOR £3

- NEW** **CURRIED EGG MAYO (V) £5.5**
- NEW** **CHICKEN, AVOCADO & BASIL £6.5**
- NEW** **BLT £6.5**
served on toasted bread
ADD CHICKEN £3
- PRAWN MARIE ROSE £6**
- NEW** **HAM & CHEESE SALAD BAGUETTE £6**
- NEW** **PLOUGHMANS BAGUETTE £7.5**

HOT SNACKS

- NEW** **SAUSAGES & WHOLEGRAIN MUSTARD £7.5**
3 hot cumberland sausages served with wholegrain
mustard
- NEW** **TEMPURA PRAWNS £7**
lightly fried prawns served with sweet chilli sauce
- NEW** **BUFFALO CAULIFLOWER £6**
lightly spiced cauliflower with a blue cheese sauce
- NEW** **HALLOUMI BITES £7**
fried halloumi with a spicy mayo
- NEW** **CHEESY CHIPS £5**
ADD CHILLI £3
- NEW** **BOWL OF CHILLI £6.5**
JUST CHILLI!

MAINS & SALADS

- NEW** **SMASHED BURGER* £13**
2 smashed beef patties, double american cheese,
dill pickle, onion, lettuce, ketchup, mustard,
rosemary fries
ADD BACON £2, EXTRA PATTY £4
- NEW** **FISH GOUJON BAP £12**
lighty battered cod goujons, mushy peas, tartare
sauce, chunky chips
- NEW** **CHILLI CON CARNE £12**
served with rice & soured cream
ADD GUAC £3
- NEW** **BUDDHA BOWL £11**
marinated Mediterranean veg, falafel,
pickled cabbage, smashed avo, hummus
- CHICKEN CAESAR SALAD £11**
cos letuce, chicken, caesar dressing, croutons

SIDES

ROSEMARY FRIES/CHUNKY CHIPS £4
SWEET POTATO FRIES £4.5
ONION RINGS £4
SLAW £3

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BRUNCH

SERVED UNTIL 11:45 AM

BUILD A BREAKFAST £12

CHOOSE ANY 4 INGREDIENTS FROM:

SAUSAGES (2)	HASH BROWNS (2)
BACON (3)	TOMATOES (2)
EGGS (2)	MUSHROOMS
BEANS	TOAST
GRILLED HALLOUMI (3)	SMASHED AVO

BREAKFAST BIRDIE £5

choose either a bacon, sausage or egg bap
alongside any coffee of your choice.

EVERYDAY BEFORE 10AM

EGGS

NEW EGG BANJO £3
white bread, marg, fried egg

EGGS ON TOAST * £6
fried, poached or scrambled

THE BENNY * £11
ham hock, spinach, hollandaise, english muffin

EGGS BENEDICT - MUSHROOM * (V) £9.5
roasted mushrooms, spinach, hollandaise,
english muffin

PLATES & BOWLS

FULL ENGLISH* £13
sausages, bacon, eggs, mushroom, tomato, beans,
black pudding, hash brown & toast

VEGGIE NATION (V)* £13
avocado, eggs, halloumi, mushroom, tomato, beans,
hash brown & toast

'HALFWAY HOUSE' £9
either a Full English, Veggie Nation
or Vegan Breakfast
- just half the size

NEW PORRIDGE POTS £5
topped with either blueberry compote or
honey & banana

NEW SMASHED AVOCADO £10.5
smashed avo, chilli flake, 'green goddess dressing',
2 poached eggs

TOAST & JAM * (V) £3
white, granary or sourdough

IN A BUN

NEW BREAKFAST BAP £6/7.5/8
egg/bacon/sausage
- choose 1 or 2 fillings or go all in
ADD A HASH BROWN FOR £1.50

HELLO ME (V) * £9
smashed avo, halloumi, roasted red peppers,
fried egg

SAUSAGE & EGG MUFFIN £6.5
sausage patty, american cheese, egg, english muffin

EXTRAS

HASH BROWNS (3), SMOKED SALMON,
AVOCADO, HALLOUMI, FETA £3

ALL OTHER ITEMS £2.5

AUTUMN / WINTER 2023